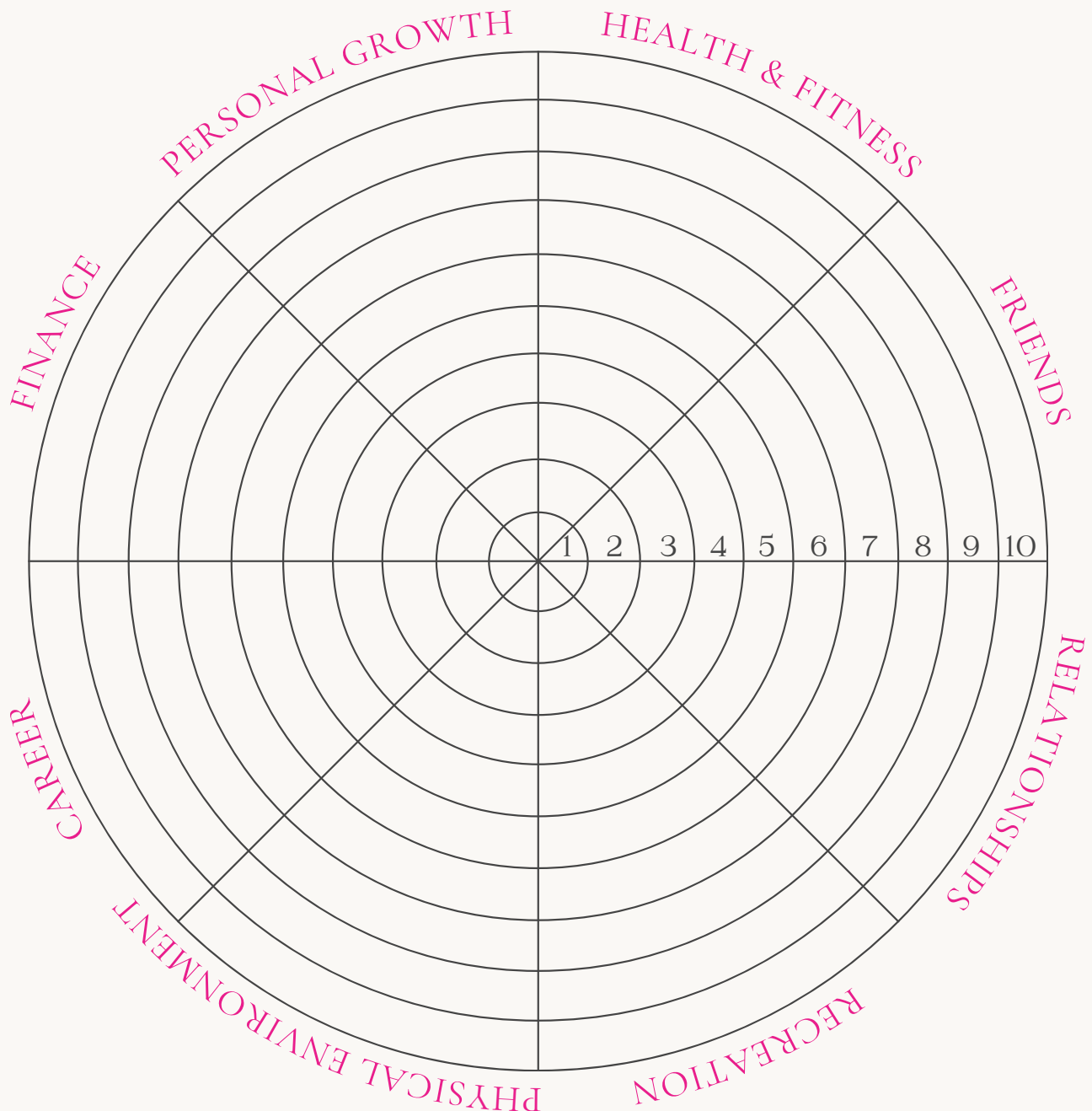


WHEEL OF LIFE

THE WHEEL OF LIFE IS A GREAT TOOL THAT HELPS YOU BETTER UNDERSTAND WHAT AREAS OF YOUR LIFE YOU FEEL ARE EITHER MEETING YOUR NEEDS OR MAKING YOU HAPPY OR LEAVING YOU DISCONTENTED AND DISSATISFIED.

THINK ABOUT THE 8 LIFE CATEGORIES BELOW, AND RATE THEM FROM 1 (NEEDS ATTENTION) TO 10 (FEELS DEEPLY SATISFYING).



WHEN YOU LOOK AT THE SHAPE OF THE WHEEL, HOW DO YOU FEEL?
HOW WOULD YOU LIKE TO CHANGE THE SHAPE OF THE INNER WHEEL?
WHAT SURPRISES YOU THE MOST?
WHICH CATEGORY WOULD YOU MOST LIKE TO IMPROVE?

